

ON FIRST GLANCE

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Coronavirus and Capitalism

Unveilings, Expansions, and Rupture

THE CORONAUIRUS PANDEMIC has upended much of the constants of modern capitalism. However, its impacts have not only unveiled and in some cases exacerbated capitalism's excesses – it has also opened space for a potential troubling of and resistance to capitalism as a given. This moment under lockdown is a key political moment, where if the global Left is able to cohere an analysis about racialized and gendered capitalism through the increased visibility of economic and structural violence under Coronavirus, it may then be able to reshape the narrative around more caring and regenerative socioeconomic alternatives and advocate for deep and transformative systems change.

INTRODUCTION

T HAS BEEN over 150 years since Karl Marx upended neoclassical political economy with his analysis of labour and exploitation under capitalism in Das Kapital, and over 100 years since these principles sparked leftist revolutions across the world. However, following the collapse of the Eastern Bloc and many socialist governments in Africa, Asia, and the Americas, capitalism has maintained its global stranglehold. This has continued amidst the hurricanes, wildfires, and pollution of climate change; mass migration and border camps; endless wars provoked by oil and the military industrial complex; and worker and human rights abuses within most major corporations.

ADDED TO THIS, Coronavirus has heightened the volatility of labour, trade, and bordering in modern-day capitalism, foreshadowing recession and provoking questions on capitalism's viability. In this paper, I will apply the lens of Marxist political economy to disruptions caused by the coronavirus pandemic in order to explain how COVID-19 has revealed and exacerbated instability, worker exploitation, and alienation under modern-day capitalism. By applying these theories to the disruption engendered by the pandemic, I argue that we can learn how to shift from capitalism's instability and violence to imagine a more equitable and sustainable system.

CAPITALISM, INSTABILITY, AND CORONAVIALIS

CORONAUIRUS has likely sparked a global recession. In Marxist crisis theory, this is not because the free market. ordinarily self-regulating, has experienced disrupted global capital and commodity flows: it is because crisis is inherent to global capitalism. Marxists argue that crises can be triggered from overproduction, underconsumption, overaccumulation and falling profit, and disproportionality alike. Most of these crises include disruption in the circulation of capital and the tendency of the rate of profit to fall. Here, employers overinvest in constant capital or physical accoutrements in the factory to boost productivity, disregarding that the true generator of increased capital is labour, or variable capital. This triggers a ratio of higher investment to profit, so the rate of profit falls. When this happens, and crises ensue, the capitalist class is

incentivized to increase labour exploitation, expand to new markets, or destroy old productive forces - provoking cycles of crisis.¹

THE CORONAVIRUS has revealed these cycles of crisis in neoliberal globalized capitalism, likely triggering recession following 2008's financial sector collapse and the subsequent breakdown of circuits of capital propped up by Wall Street and the housing market's financialization.²

With COVID-19, millions lose jobs, stores shut due to lockdowns, and tourism ceases, massive sums of money are no longer reinvested into the economy through consumption as disposable income dries UP, causing a crisis of Underconsumption due to disruption of capital accumulation.

SIMULTANEOUSLY, the housing market, manufacturing, and garment industries are experiencing crises of overproduction with a

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glut of goods with slashed prices on the open market, while companies withhold wages or, due to quarantines, lose total access to the labour inputs that they are dependent on to create value. As the labour pool diminishes and freedom of mobility stops, most factories have ground to a halt, triggering a crash in global stock markets further exacerbated by the bailouts and interest rate cuts following the 2008 recession.³ This in turn triggers a crisis of overaccumulation, with limited spaces of investment for profit. Border closures and the lockdown of trade has left many countries, particularly those in the Global South but also across Europe, struggling with a lack of healthcare supplies like hospital beds, tests, and ventilators. The legacy of imperialism, forced dependence on foreign aid, and the flooding of Southern markets with cheap and subsidized commodities under free trade agreements mean some countries in the Global South are without basic goods.⁴

DIMINISHED remittances to the Global South may imperil millions of families who depend on this international capital flow and may even result in a "cash crunch" for many cash-poor economies. Concurrently, an accumulation of global debts may place already shaky national economies reeling from 2008 in peril for years to come, especially as governments plan to bail out myriad industries. ⁵

COVID-19 also threatens emerging markets and replicates neo-imperialist patterns. Countries with high early supply chain production levels, like Mexico, are being pressured to reopen factories in order to funnel goods into the Global North.⁶ In response to the pandemic, the World Bank is prescribing further structural reforms disregarding that its past reforms to bring Southern markets into the neoliberal global economy have made their economies more imperiled by the virus.7 Trump has neatly called coronavirus "the Chinese Disease" while disregarding America's dependence on Chinese labour, and the US's non-citizen-only travel ban has expanded xenophobia and disrupted US-based international companies without stopping disease spread.8

BUT IN SOME ways, COVID-19 has disrupted the extraction and imperialism that capitalism engenders. Countries in the Global South have shut their borders to Global North travelers and businesses, citing Europe and the US as the new epicenters for disease spread.⁹ And the drying up of demand for commodity goods has crashed oil prices, reduced deforestation, and massively cut air and water pollution from air travel, perhaps indicating that not only instability and environmental devastation are inherent to capitalism, but also that transitioning from capitalism can provide both economic and ecological stability.¹⁰

EXPLOITATION UNDER CAPITALISM AND CORONAVIAUS

MUCH OF THE instability within capitalism that COVID-19 provoked derives from disrupted labour patterns. This falls neatly within the Marxist theory that value derives from labour that is, the exchange value produced by selling goods on the market comes from the labour inputs and time required to produce these commodities. But, since capitalists need to extract surplus value, or profit, from the value that workers create, they will inherently find ways to cut wage costs or pass on costs to workers in other ways. Because workers do not receive the full value of their labour, they are unable to access the goods they

produce, either by deriving use value from using them, or by selling or obtaining them on the market. Hence, it is not capitalist efficiency or supply and demand that determines how much profit the capitalist will make - it is how much surplus value they can extract from the labour force. In essence, this is Marx's theory of exploitation¹¹

THIS EXPLOITATION

precedes COVID-19, through unpaid or withheld worker wages, increased hours or faster production demanded without increased pay, or unstable or unsafe conditions that allow capitalists to cut costs and extract further surplus value. Workers cannot avoid this exploitation because they cannot opt out or choose to wait for higher value wages, as they lack access to the means of production or the decisions around what is produced. Additionally, Marx argues that extracting surplus value demands that there is surplus labour, or a pool of unemployed workers willing to take on poorly paid or exploitative work.12 But prior to the pandemic, many of these conditions were obscured, ignored or normalized. Postpandemic, employers can blame exploitation on the burdens of production in a pandemic, and can expand exploitation and increase profit due to a greater pool of

unemployed labour caused by mass layoffs where workers will stay silent in order to avoid being replaced.

AMAZON TYPIFIES this

pattern of already existing worker exploitation expanding and clarifying post-pandemic. While Jeff Bezos, at a net worth of over 138 billion USD, is one of the 500 richest people in the world, most Amazon warehouse workers make just above the US minimum wage. Bezos makes an Amazon worker's yearly salary from extraction of worker labour and reinvestment of capital in stocks, in under fifteen seconds.¹³ Amazon extracts additional surplus value from workers through discount gimmicks and undercutting competitors by offering cheaper products contingent on lower-paid labour. Prior to COVID-19, workers had already been pushing back: workers had identified Bezos's oversized wealth as deriving directly from their experience of low wages, endless hours without breaks, unsustainable workloads, workplace medical emergencies, suicides, and anti-organizing intimidation. Many of the pushes for living wages and unionization worldwide were fueled by this articulation, plus the argument that Bezos could easily increase worker wages for workers without impacting Amazon's financial solvency or

Bezos's personal assets.¹⁴

POST-PANDEMIC, Amazon has used the pandemic as a justification for increased exploitation. Arguing that lockdowns have increased online demand, and that implementing health measures increases costs and lowers production, Amazon has refused to close American warehouses despite confirmed cases of COVID-19 in nearly 130 workplaces. Some warehouses have even enacted mandatory overtime. When warehouses have caved to pressure to close, Amazon has required American workers to use their sick or vacation leave. and to take unpaid leave after that. While over 300 workers have walked out, workers who have been perceived as walkout organizers, like Chris Smalls in New York, have been targeted for individual medical quarantine or early termination.¹⁵ In France, in response to governmental and union pushes for better health and labour standards, Amazon opted to shutter its warehouses completely.¹⁶ Amidst all of this, Amazon's profits have increased by over 25% during lockdown - a clear case of worker exploitation allowing capitalists to reap greater profit.17

AMAZON IS NOT unique in its exploitation of workers, pre- or post-pandemic: for most workers, exploitation characterizes modern-day labour, and shutdowns and layoffs during the pandemic have further stifled dissent as workers must accept rapidly worsening conditions to sell their labour at all. In Bangladesh, multinational apparel companies have used the excuse of unsold product due to lockdown to withhold wages from garment workers.

WHILE BRANDS like Uniqlo and Gap can take the financial hit, surplus labour and worker precarity mean they can pass the costs of disrupted distribution to a replaceable labour force.¹⁸ In the global gig economy, where many workers already experience heightened precarity due to their status as independent contractors, companies without employees can avoid increased costs from health measures or sick leave during the pandemic. Uber, already under fire for defining itself as a platform rather than an employer - hence avoiding costs like providing drivers security, protections, or paid leave - has bypassed governmental requirements to provide workers time off or protective gear by labeling drivers independent contractors and thus responsible for their own health. Because workers do not qualify as employees, they also do not qualify for many governmental furlough

schemes or other safety nets. Infection rates for Uber and other rideshare drivers have skyrocketed, and without protections like sick pay, workers who cannot take time off to self-isolate have died.¹⁹ Similarly, for delivery workers labeled independent contractors, companies like Deliveroo have provided contactless delivery to assuage customer fears, but require workers to risk exposure at food preparation sites. With increased food delivery demand, and avoiding the costs of acknowledging delivery workers as workers by labeling them contractors and foregoing providing PPE, companies reap massively increased profits. The migrant, undocumented, and non-local language-speaking status of many of these workers means employers can further exploit them as workers cannot access employment alternatives and as the state actively sustains workers' status as a precarious and manipulable surplus labour force through incarceration, deportation, and fear.20

UNDER NEOLIBERAL

capitalism's influence on the public sector, migrants and other precarious workforce exploitation has been expanded during the coronavirus pandemic by the state, subverting Marx's focus on private and for-profit employers. In India, state governments shut down interstate trains and roads after meeting with state property developers, trapping migrants to perform unsafe and poorly compensated labour for the state, or travel home on foot.²¹ In state-run healthcare systems worldwide, workers are being asked to serve endless hours without adequate protective equipment or overtime pay at the same time that governments fund bailouts for airlines and cruise lines,²² provoking nurses worldwide - and doctors in Pakistan - to strike.²³ Cleaners in government buildings in the UK have died from COVID-19 due to lack of protections from outsourcing contractors and direct employers alike.²⁴ Public transit workers have faced infection and death worldwide, with many forced to work without PPE or lose employment.25

IN THESE CASES, public sector workers are exploited not merely because their labour time and value is necessary, but because neoliberalism has provoked governments to downsize services and public funds, transferring duties to the private sector. When crises hit, governments pass on stress to the system to workers by invoking morality under crisis, masking neglect of worker

well-being and poor

preparation for crisis. Hence, even as a non-profit employer, the state can exploit workers through rent-seeking behavior. And the pandemic has provided cover for increased privatization of services, including UK NHS expanded turnover to consultants and private healthcare.²⁶ Neoliberalism explains this form of worker exploitation, where the state's focus - like private entities - shifts from providing service to maintaining profit.

CAPITALIST ALIENATION AND CORONAVIALIS

BEYOND workplace exploitation, Marx also explains exploitation and class stratification through the concept of alienation. Workers are severed from the means of production and the product of their labour time, thus losing autonomy over their purpose or "species-essence." Subverting proletarian labour for exchange value and profit, rather than creating use value, separates workers from their labour, their bodies, and each other. This falsely centers relations with objects and obstructs understanding the true relations between humans. This obscuring of

relations segregates the proletariat from other classes and hampers meaningful resistance against the capitalist class by replacing interdependent relations between workers with the market. Capitalism creates and requires alienation to exploit a subservient labour force with limited access to rebellion, and to maximize consumers who turn to the market because they cannot access their own production.²⁷

WE CAN CHART alienation and class stratification's growth through a dialectical materialist lens in human and class relations from capitalism's rise through today. The dispossession and primitive accumulation that pushed peasantry into urbanized proletariat in **Europe's Industrial Revolution**; informalization and today's gig economy; and the development of "knowledge workers"²⁸ producing intangible goods, can all be read as alienation from use value. Urbanization removed humans from rural ecology; housing instability, insufficient income, and gentrification now break up communities formed by the working-class today. This destruction of community also normalizes competition rather than mutual aid as humans

lose relationship to each other and instead compete for jobs, acclaim, and social power on the market. Commodity fetishism furthers alienation and competition by centering consumption as core to identity, messages reproduced in media, advertising, and pop culture.

LOSING HUMAN social relations also obscures capitalism's unnaturalness and the possibility of alternatives, centering capitalist realism the idea that capitalism is the only option.²⁹ Humans accept worker deaths, sweatshop labour, and mass migration as the normal costs to obtain the goods they desire on the market. Alienation also normalizes the bleeding of work into everyday life, where employers require constant contact in an omnipresent and constantly productive knowledge economy.3º The cure for alienation becomes individualized "self-care" through consumption of manicures and bubble baths, masking that collective burnout from capitalism requires rest, community, and political education.³¹

THE PANDEMIC has heightened all of these aspects of modern-day alienation. As explored above, workers who produce tangible goods and

services - the proletariat - have the products of their labour requisitioned for profit and now for the masses, being moralistically asked to risk dying from COVID-19 as companies reap profits. Stratified and separated, workers in intangible commodities - teachers, journalists, technology workers, most office workers instead have their homes requisitioned as lockdown workspaces.³² While many of these workers are insulated from the material risk of working outside of the home during a pandemic, alienation still manifests.

DESPITE lowered demand for production, deadlines escalate, work hours lengthen, and workplace surveillance extends through phone and computer programs like Slack, Zoom, or the aptly named Panopto.³³ Workers spend more on utilities and groceries, and parents multitask childcare alongside endless conference calls, while companies save on office rents without covering work from home needs.³⁴ But their loss of species-essence and decision-making from alienation pushes most middle-class workforces to accept their call to produce, forsaking organizing for better conditions in order to ensure their wages are reproduced

under the capitalist need to maximize profit regardless of worker wellbeing or market demand.³⁵

UNDERSTANDING alienation also helps us understand psychological reactions to latestage capitalism, heightened under lockdown. In a manifesto aptly titled "We Are All Very Anxious," anticapitalist organizing group Plan C detail the rise of anxiety and depression under latestage capitalism. While misery was the dominant affect (or collective feeling) during the Industrial Revolution. Fordism's transmutation of full jobs into assembly-line tasks centered boredom as workers' dominant affect. Modern-day capitalism, however, with work, social pressures, and commodity fetishism expanded through technology and the internet, has made anxiety the dominant affect. Society as a whole has become the factory, with surveillance normalized in all venues.36 During the pandemic, the factory has even expanded to the home, and anxiety has increased in turn, with usage of online mental health service spiking during lockdown, and work from home guides proliferating on how to combat anxiety while maintaining productivity. These guides frame narcissism and

consumption as self-care, with mandates like frequent exercise, organic food, and nine or more hours of sleep that are unattainable to most workers. Failing to meet these unrealistic goals becomes another yet source of anxiety around consumption.³⁷

TREATING anxiety individually allows companies to market individualized cures like food and drink, medication, and sex toys (spiking in online sales during lockdown) to supplant our connections to other humans, masking our real needs for collective care and societal shift. But individual cures for anxiety mask its triggers from capitalism and lost social connections under lockdown. This anxiety is collective, inevitably manifesting in a society severed from the land, from community, and the usefulness of our bodies.38

PROTESTS AGAINST

lockdowns in the US also can be read as psychological responses to alienation under capitalism, heightened by the coronavirus. Given America's obsessions with privatization, consumption culture, hyperindividualism, and fake news, the country's antisocial approach to COVID-19 is unsurprising. But the recent armed uprisings against

lockdowns display a society that ignores science and community to anxiously prioritize consumption and production as identity. When (white) Americans invoke freedom from lockdown, they don't mean freedom from harm - they mean freedom to consume, to access (POC) service workers, and to earn money for further consumption. This invokes Marx's theory of false consciousness, where due to alienation. these workers believe their freedom derives from capitalism and consumption.³⁹ These are not precarious workers protesting to return to work in order to feed their families - they are workers protesting for more consumption, encapsulating a country created around the alienated individual who prioritizes objects over community and health.40

RACE, GENDER, AND CORONAVIBLIS

ONE CRITICAL element not explicitly addressed from a purely economic perspective is the racialization of precarity and death under Coronavirus. Across the Global North, COVID-19 deaths have been massively skewed towards black, brown, indigenous, and migrant populations. In many

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of the examples above, the brunt of exploitation - and the majority of the labour of organizing - has fallen on people of colour and particularly women of colour. from Amazon to Uber to Bangladeshi garment workers. The vast majority of those protesting lockdowns are guntoting white Americans. While cases have largely remained lower in the Global South, the tearing apart of society in India and Brazil under lockdown point to a struggle that is not only classed but raced. Indigenous communities have been particularly impacted by COVID-19, lacking access to treatment and in some cases experiencing explicitly withheld care.⁴¹ The legacy of imperialism and slavery under globalized capitalism help us understand this: even after migration to the Global North, people of colour have remained relegated to the margins, creating a second layer of exploitation on top of class. Not only do these communities suffer the most precarious situations like poor housing or unstable incomes, they also fill a large percentage of the frontline labour most susceptible to contracting COVID-19.42 Here, we see capitalism's need for surplus labour resting on the exploitation of communities of

colour in the Global North and South. In addition to political economy, then, we must examine racial contract theory and racialized capitalism to understand the specific impact that COVID-19 has wielded on populations of colour worldwide.⁴³ It is capitalism's manifestation through the commodification and global trade of dark bodies by the Global North that led to these migration patterns from the South to the North, and that locked people of colour into generational poverty and disease today.44

DISPROPORTIONATE impact has also held true for other groups at the margins of capitalist society, like migrant, undocumented, and queer people. This is unsurprising: in a capitalist economic system that constructs classes in order to exploit human labour, and a social system that centers the nuclear family as the nexus of consumption, many of these individuals are more likely to live in unstable housing, with precarious income or with jobs that force exposure, and with underlying health conditions and limited access to care. COVID-19, like HIV/AIDS before it, has exacerbated this burden.⁴⁵ The impact of the virus has also been gendered, though not necessarily in the ways we might expect.

Feminization and social reproduction theory explain the large numbers of women on the frontlines against the virus in health care, cleaning, and garment work, as well as the high numbers of women holding the majority of COVID-19 organizing and mutual aid labour. But, gendered household labour can also insulate women from exposure by staying in the home.⁴⁶ So far, deaths from the coronavirus are higher for men - though scientists have vet to explain whether this is biological, or attributable to behavioral and cultural factors like poorer health or increased time outside the home that can be understood through a social reproduction theory lens that asks men to risk exposure in the workplace while women manage domestic care labour.⁴⁷

CORONAVIRUS, CLASS STRUGGLE, AND ANTI: CAPITALIST FUTURES

WHILE THE coronavirus pandemic is illuminating and in some cases exacerbating the exploitation, alienation, and instability in capitalism, it is also stoking class consciousness, class struggle, and in many cases, explicit critique of racial capitalism. Workers across sectors have gone on strike against exploitative conditions worldwide: nurses, doctors, cleaners, Amazon warehouse workers, public transit workers, and more have refused to comply with exploitation so bleak that it ruptured the system of acceptance. The virus has reinvigorated calls for prison abolition, stopping deportation, shutting down detention centers, opening borders, ending student loan debt, placing moratoriums on evictions, making rent free, and redistributing wealth through universal basic income - and in many cases has shifted these idealistic calls into realistic policy propositions that can, and do, pass. Tenants have refused to pay rent when their incomes have ceased, students have called for making tuition free, and community members have taken over restaurants and food banks to ensure food is free for all.⁴⁸ Mutual aid networks surge forward in cities and communities worldwide, where citizens collaborate to create anticompetitive and anti-capitalist systems of support, outside of systems of support, outside of the control or negligence of the state.⁴⁹ Online spaces for finding community, activism, and joy have proliferated, particularly in queer communities and communities of colour, accustomed to

making space in a system that excludes them. And activists are explicitly citing class, as well as race, gender, and sexuality, in their analyses of the disproportionate impact of the virus.⁵⁰

AMIDST ALL OF these examples of organizing lies a linking thread. COVID-19 has shown us that class struggle is real, that the impacts of the pandemic have fallen primarily on the working class, on people of colour, on women and queer folks and migrants, and that that is by design - that COVID-19 is exposing and heightening the violence of capitalism for those at the margins. COVID-19 has surfaced the inherent flaws of our socioeconomic system, and shown that it is at its breaking point.51

But the Pandemic also opens space to imagine a new way to be, a way forward rather than a return to pre-pandemic life.⁵²

MOVEMENTS are not merely reacting to alienation,

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exploitation, and instability they are calling these out as symptoms of capitalism, showing that this is not inevitable, and articulating radical, transformative economic and social alternative worldviews as accessible - and, in Toni Cade Bambara's words, irresistible.⁵³

THIS IS NOT all smooth going - just as prior to the pandemic, coronavirusinspired activism can fall into the trap of opportunism, disingenuously placing the working class and the most marginalized in visible roles merely to mobilize and turn out, with careerist activists reproducing class stratification by occupying leadership roles.⁵⁴ Similarly, emphasis on class struggle alone may mask and exacerbate the disproportionate amount of organizing labour performed by women and especially women of colour, while newer - and whiter - mutual aid efforts may supplant acclaim and funding for historic community projects led by marginalized peoples under racialized capitalism.55 But if resistance to COVID-19 can center a raced, gendered, and intersectional analysis in their stoking of class struggle, the pandemic can push us to develop a more nuanced lens in our resistance.

CONCLUSION

THROUGH applying Marxist political economy to the current crisis, we can understand how COVID-19 illuminates and exacerbates instability, exploitation, and alienation within modern-day capitalism. The global spread of COVID-19 has sparked worldwide economic crises, triggered massive increases in worker exploitation across companies and countries, and intensified alienation, anxiety, and class stratification. Alongside its disproportionate impact on the poor, COVID-19 has also magnified the systemic racism, patriarchy, and queerphobia inherent to capitalism. But COVID-19 has also fueled global resistance, through strikes, mutual aid, and expanded class struggle. In this way, Marxist political economy helps us not only clarify why the economic and social impact of the pandemic has been so vast, but why its impact on organizing and class struggle has been so powerful. By starkly highlighting the flaws of the capitalist organization of society, the pandemic also has the potential to illuminate more effective ways for us to organize resistance and restructure society. COVID-19,

then, is not only a pandemic: as Roy says, it is a portal that can help us envision the future we want to create.⁵⁶

ENDNOTES

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